

12 Jyotirlinga mantra

Four verses, about forty seconds to recite. The first three name the twelve in order; the fourth is the phalashruti, the line that says what reciting them does.

THE SHLOKA THAT NAMES ALL TWELVE

सौराष्ट्रे सोमनाथं च श्रीशैले मल्लिकार्जुनम् ।
उज्जयिन्यां महाकालमोङ्कारममलेश्वरम् ॥

*saarāṣṭre somanātham ca śrīśaile mallikārjunam |
ujjayinyāṁ mahākālām oṁkāram amaleśvaram ||*

In Saurashtra, Somnath; on Shri Shaila, Mallikarjuna; in Ujjayini, Mahakala; and Omkara-Amaleshwara on the Narmada.

परल्यां वैद्यनाथं च डाकिन्यां भीमशङ्करम् ।
सेतुबन्धे तु रामेशं नागेशं दारुकावने ॥

*paralyāṁ vaidyanātham ca ḍākinyāṁ bhīmaśaṅkaram |
setubandhe tu rāmeśam nāgeśam dārukāvane ||*

At Parali, Vaidyanath; in Dakini, Bhimashankar; at the bridge-head, Rameshwara; and Nagesha in the Daruka forest.

वाराणस्यां तु विश्वेशं त्र्यम्बकं गौतमीतटे ।
हिमालये तु केदारं घुश्मेशं च शिवालये ॥

*vārāṇasyāṁ tu viśveśam tryambakam gautamīṭaṭe |
himālaye tu kedāram ghuśmeśam ca śivālaye ||*

In Varanasi, Vishwesh; Tryambaka on the bank of the Gautami; in the Himalaya, Kedara; and Ghushmesha at Shivalaya.

एतानि ज्योतिर्लिङ्गानि सायं प्रातः पठेन्नरः ।
सप्तजन्मकृतं पापं स्मरणेन विनश्यति ॥

*etāni jyotirlingāni sāyam prātaḥ paṭhennarah |
saptajanmakṛtaṁ pāpaṁ smaraṇena vinaśyati ||*

Whoever recites these Jyotirlingas evening and morning is freed, by that remembrance, of the sins of seven births.

DWADASHA JYOTIRLINGA STOTRAM — A VERSE FOR EACH SHRINE

01 Somnath

सौराष्ट्रदेशे विशदेऽतिरम्ये ज्योतिर्मयं चन्द्रकलावतंसम् ।
भक्तिप्रदानाय कृपावतीर्णं तं सोमनाथं शरणं प्रपद्ये ॥ १ ॥

In the bright and lovely land of Saurashtra stands the one made of light, crowned with the crescent moon, come down in mercy to give devotion: to that Somnath I go for refuge.

02 Mallikarjuna

श्रीशैलशृङ्गे विबुधातिसङ्गे तुलाद्रितुङ्गेऽपि मुदा वसन्तम् ।
तमर्जुनं मल्लिकपूर्वमेकं नमामि संसारसमुद्रसेतुम् ॥ २ ॥

On the peak of Shri Shaila, thronged by the wise, dwelling in joy on that high hill: to him, Mallika-Arjuna, the bridge across the ocean of the world, I bow.

03 Mahakaleshwar

अवन्तिकायां विहितावतारं मुक्तिप्रदानाय च सज्जनानाम् ।
अकालमृत्योः परिरक्षणार्थं वन्दे महाकालमहासुरेशम् ॥ ३ ॥

Who took form in Avantika to give liberation to the good, and to guard them from untimely death: I praise Mahakala, lord of the great ones.

04 Omkareshwar

कावेरिकानर्मदयोः पवित्रे समागमे सज्जनतारणाय ।
सदैव मान्धातूपुरे वसन्तमोङ्कारमीशं शिवमेकमीडे ॥ ४ ॥

At the holy meeting of the Kaveri and the Narmada, dwelling always in Mandhata's city to carry the good across: I praise Omkara, the one Shiva.

05 Vaidyanath

पूर्वोत्तरे प्रज्वलिकानिधाने सदा वसन्तं गिरिजासमेतम् ।
सुरासुराधिपदपद्मं श्रीवैद्यनाथं तमहं नमामि ॥ ५ ॥

In the north-east, at the place of the blazing light, dwelling always with Girija, his lotus feet worshipped by gods and demons alike: to Shri Vaidyanath I bow.

06 Nageshwar

याम्ये सदङ्गे नगरेऽतिरम्ये विभूषिताङ्गं विविधैश्च भोगैः ।
सद्भुक्तिमुक्तिप्रदमीशमेकं श्रीनागनाथं शरणं प्रपद्ये ॥ ६ ॥

In the lovely city, his form adorned with every offering, the one lord who grants both enjoyment and release: to Shri Naganath I go for refuge.

07 Kedarnath

महाद्विपाश्वर्वे च तटे रमन्तं सम्पूज्यमानं सततं मुनीन्द्रैः ।

सुरासुरैर्यक्ष महोरगाढ्यैः केदारमीशं शिवमेकमीडे ॥ ७ ॥

Delighting on the slope of the great mountain, worshipped without pause by the foremost sages, by gods, demons, yakshas and great serpents: I praise Kedara, the one Shiva.

08 Trimbakeshwar

सह्याद्विशौर्षे विमले वसन्तं गोदावरितीरपवित्रदेशे ।

यद्धर्शनात्पातकमाशु नाशं प्रयाति तं त्र्यम्बकमीशमीडे ॥ ८ ॥

Dwelling on the pure crest of the Sahyadri, in the holy country by the Godavari, at whose sight sin swiftly perishes: that Tryambaka I praise.

09 Ramanathaswamy

सुताम्रपर्णीजलराशियोगे निबध्य सेतुं विशिखैरसङ्ख्यैः ।

श्रीरामचन्द्रेण समर्पितं तं रामेश्वराख्यं नियतं नमामि ॥ ९ ॥

Where the Tamraparni meets the sea, the bridge bound with countless arrows: to him whom Shri Ramachandra consecrated, called Rameshwara, I bow always.

10 Bhimashankar

यं डाकिनिशाकिनिकासमाजे निषेव्यमाणं पिशिताशनैश्च ।

सदैव भीमादिपदप्रसिद्धं तं शङ्करं भक्तहितं नमामि ॥ १० ॥

Served in the company of dakinis and shakinis, known always by the name that begins with Bhima: to that Shankara, the well-wisher of his devotees, I bow.

11 Kashi Vishwanath

सानन्दमानन्दवने वसन्तमानन्दकन्दं हतपापवृन्दम् ।

वाराणसीनाथमनाथनाथं श्रीविश्वनाथं शरणं प्रपद्ये ॥ ११ ॥

Dwelling in bliss in the forest of bliss, the very root of joy, destroyer of the host of sins, lord of Varanasi and of those who have no lord: to Shri Vishwanath I go for refuge.

12 Grishneshwar

इलापुरे रम्यविशालकेऽस्मिन् समुल्लसन्तं च जगद्वरेण्यम् ।

वन्दे महोदारतरस्वभावं घृष्णेश्वराख्यं शरणं प्रपद्ये ॥ १२ ॥

In this fair and spacious Ilapura, shining out, worthy of the world's worship, of the most generous nature: to him called Ghrishneshwara I bow and go for refuge.